

Resources for lockdown, you and your family

- There can't be many who haven't heard about the nation's new PE teacher – tune into Joe Wicks' live broadcast on YouTube at 9am Monday to Friday (<https://www.youtube.com/channel/UCAxWlXT0iEJo0TYlRfn6rYQ>), he's also sharing workouts suitable for the elderly
- For as long as schools are closed, Audible are offering instant free streaming at <https://stories.audible.com/start-listen>.
- David Walliams elevenes <https://www.worldofdavidwalliams.com/elevenses/> also offers a free audio story each day.
- Watch a West End Show - Wind in the Willows <https://www.willowsmusical.com/>
- The National Theatre will offer every Thursday at 7pm (starting from 2 April with the online premiere of One Man Two Guvnors featuring James Corden) free productions for you to enjoy at home <https://www.youtube.com/user/ntdiscovertheatre>
- Draw with Rob Biddulph children's author and illustrator shares a new video on Tuesday and Thursday <http://www.robbiddulph.com/draw-with-rob> . Disney animator Michael Woodside has also shared some secrets including how to draw Sven from Frozen on his YouTube channel https://www.youtube.com/watch?v=YR_fnpgid_s and you can catch Iron Man illustrator Chris Mould on the Faber Storytime <https://www.youtube.com/watch?v=9FtNE2Fm-3Y&t=319s>.
- The Globe Theatre will release productions on its Globe Player service (<https://globeplayertv/>) for free for two weeks on a rolling cycle from 6 April. The shows are Hamlet (2018), Romeo and Juliet (2009), A Midsummer Night's Dream (2013), The Winter's Tale (2018), The Two Noble Kinsmen (2018) and The Merry Wives of Windsor (2019).