

SUBHIKSHA VISHWANATH

About Subhiksha

Subhiksha is passionate about helping organisations create happy and healthy work environments by identifying, studying and addressing challenges that drastically impact everyday life.

She adapts a holistic approach to empower individuals of an organisation to become leaders in all aspects of their lives.

Her aim is to see leaders have the knowledge and confidence to tackle difficult issues themselves, creating inclusive and diverse workplaces where they and their teams can thrive and shine.

Her areas of expertise include leadership profiling and development, team effectiveness, digital marketing and talent strategy implementation.

Amongst a range of projects, Sue has experience with facilitating and assisting leadership and coaching programmes.

Education and Professional Qualification

HR Diploma (Centre of Excellence, UK)

M.Sc. Occupational & Business Psychology (Kingston University, UK)

B.Sc. Psychology (University of Madras, India)

Certified by Macquarie University, London in Leading Transformations: Manage change.

Certified by Yoast SEO in SEO and Site structure.

Certified by the National Institute Of Computer Technology And Computer Education (NICT), India, in Microsoft Office.



KEY SKILLS AND ABILITIES

Empathetic leadership

Action oriented

Conscious leadership

Goal setting and planning

Holistic approach

Empowering leaders

Conflict management

Creativity

Optimistic approach

Active listening

Business storytelling

Examples of Specific Skills and Projects

Co-facilitating a bespoke wellbeing coaching programme for University Hospital Birmingham, providing support and guidance to delegates to make improvements both within and across services.

Co-facilitating a bespoke organisational development programme for 6 Degrees, ensuring that delegates are equipped with the latest framework and theories of organisational change.

Supporting and co-facilitating a targeted leadership programme for ward managers at Blackpool Teaching Hospitals, adapting materials for a focus on clinical quality.